# Newsletter- December 24



**Community Healthcare | Issue 23** 

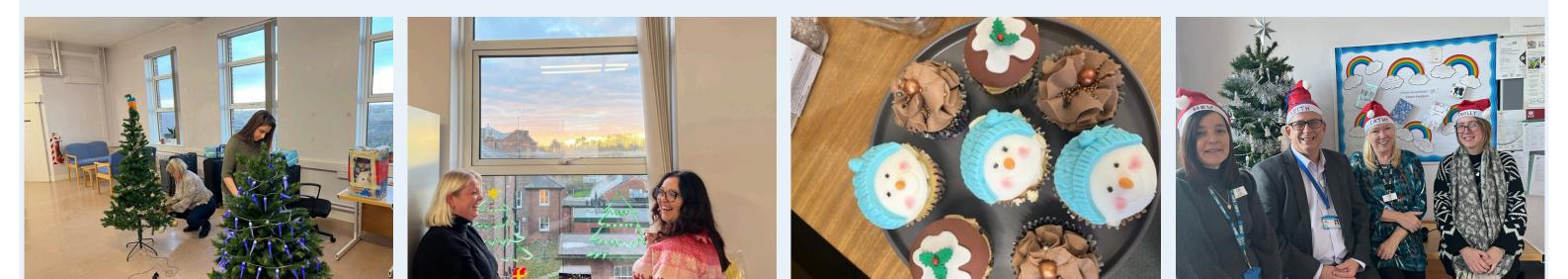
## **HIGHLIGHTS OF THE FESTIVE MONTH**



#### CHRISTMAS HEALTH AND WELLBEING, TUESDAY 3RD DECEMBER 2024

We put up the Christmas decorations, had some nibbles and delicious cupcakes made by Kerry.

We hope everyone had a wonderful Christmas and New Year!



#### **INSIDE THE ISSUE**

Highlight of the month

1

**Health and** Wellbeing

Patient feedback

#### **WORK CHRISTMAS PARTY, FRIDAY 13TH DECEMBER 2024**

We went to the Lincoln Escape Rooms and spilt into 2 teams. Team 1 in Mystic Alley made it out in under 60 minutes whereas Team 2 were locked in the slammer!!

We then headed to Turtle Bay for some delicious Jerk food and drinks!



### **Health & Wellbeing Resources**

Health and Wellbeing is about being emotionally healthy as well as physically healthy. It's feeling able to cope with normal stresses, and living a fulfilled life. It can be affected by things like worries about money, work, your home, the people around you and the environment you live in. Your wellbeing is also affected by whether or not you feel in control of your life, feeling involved with people and communities and feelings of anxiety and isolation.

Community Healthcare recognises that our employees have a direct impact on our clinical outcomes and the experience of our patients. When our staff are healthy, well and satisfied, the experience of our patients improves.

Please scan or click the QR code to access health and wellbeing resources:

Please scan or click the QR code to access free health



#### and wellbeing resources:

Please leave your suggestions for future health and wellbeing events please scan or click the QR code:



## QR/ text survey feedback we have received from patients this month

Everyone was very professional and very welcoming.

 $\bigstar \bigstar \bigstar \bigstar \bigstar$ 

All went well and happy with the service, thank you.



Very kind made me feel relaxed. Definitely recommend these.



As always a professional and caring service with good advice.

The surgery went very

smoothly, I was given all

the information I needed.

 $\star \star \star \star \star$ 



Friendly & helpful staff both on the Louth phone number for booking appointments and at the clinic.

 $\star \star \star \star \star$ 

The lady was very informative about the procedure.



Great communication and so much care given.

 $\star \star \star \star \star$ 

The doctor explained everything clearly and was as lovely as the rest of the staff.